

THE BARN

Monk Fryston

Breakfast Buffet

Please help yourself to cereals, croissants, fruits, nuts and seeds, yoghurts, breads, regional cheeses, and juices (including our freshly squeezed orange juice), from the breakfast buffet. **Please also indicate if you would like Yockenthwaite porridge (which is served with local cream and honey / golden syrup)**

Please let us know if you require dairy free milk, butter and yoghurt .

Cooked Breakfast Options

Full Yorkshire Breakfast - Locally produced dry cured bacon, black pudding and sausage, mushrooms, grilled tomatoes, homemade potato cake and two local free range eggs (fried, scrambled or poached).

Poached eggs on toast – three locally produced free range eggs, on wholemeal or white bread, toasted and buttered with Longley Farm Jersey herd butter.

Boiled eggs – three locally produced free range eggs, boiled to your preference and served with toasted wholemeal or white soldiers buttered with Longley Farm Jersey herd butter.

Scrambled free range eggs – served with or without Staal Smokehouse smoked salmon, with wholemeal or white toast buttered with Longley Farm Jersey herd butter. *(Please indicate if you would prefer this dish to be made without cream, milk and butter.)*

French toast – two slices of white bread dipped in whisked local free range egg and fried in Yorkshire butter from the Jersey cow herd at Longley Farm. Served with maple syrup or Yorkshire honey.

Kipper Fillet (Staal Smokehouse) – grilled and served with your choice of organic bread and butter, poached egg, potato cake, grilled tomatoes, grilled mushrooms.

Other Hot Options

Please indicate the evening before if you would prefer any of the following options, have dietary needs or any preferences so that we have time to prepare them for you, thank you. (There are order forms for these options in the information file in your room)

Mixed beans - in tomato and herb sauce served with toasted organic or gluten free bread (with butter or dairy free spread)

Vegetarian / vegan sausages – with or without grilled tomatoes, mushrooms and eggs.

Slow roasted vine tomatoes - with garlic, basil and olives. Served with warm organic bread or gluten free bread.